

CO-DESIGNING A RESEARCH, PROJECT, PROGRAM or SERVICE INITIATIVE

Thursday 28 April (part 1)

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10:00	Acknowledgement of Country and introductions- Elyse Cain, NCOSS A/ Advocacy & Research Director
10:10	<p>Aboriginal-led Co-design of the Aboriginal Guardianship Support Model for Better Outcomes Carla Ware, AbSec Group Manager Operations</p> <p>The Aboriginal Guardianship Support Model was the lead project under AbSec’s Aboriginal Commissioning Framework, a strategic approach to achieve better Aboriginal child and family outcomes. Co-designers included end-service users and their family at the core of the service design, Aboriginal community members, service practitioners, government and funding body representatives.</p>
10:25	Group discussion & sharing
10:35	<p>Redkite’s Lived Experience Advisory Group (LEAG) Joanne Cummings, Redkite Senior Research and Evaluation Officer</p> <p>In 2020, Redkite created its first Lived Experience Advisory Group (LEAG). It was made up of eight Redkite clients (including mothers whose child has or had cancer and young people living with cancer), from four different states across Australia.</p> <p><i>The most important thing I will say about co-design is that it’s a term used with increasing frequency and yet it’s often mistaken for consultation, which it isn’t. It’s shared power, not (merely) checking in or consulting with consumers.- Joanne Cummings</i></p>
10:50	Group discussion & sharing
11:00	<p>A Collaborative Emergency Toolkit- Meals On Wheels (MOW) NSW Alan Russell, Eurobodalla MOW & Gail Carroll, General Manager MOW NSW</p> <p>A Collaborative Toolkit (ACT!) was a partnership in 2018-2020 between Meals On Wheels NSW, NSW Rural Fire Service, Fire and Rescue NSW, SES and Red Cross. A co-designed toolkit was developed, aimed to increase the preparedness of vulnerable clients who live in high-risk areas in the face of increasing and more severe natural disasters. Gail will give an overview of the project, while Allan will provide a regional perspective on the level and components of co-design (including trialling in 6 MOW sites) that went into the toolkit.</p>
11:15	Group discussion & sharing
11:25	Feedback poll/closing – Dr Catherine Massola, The University of Sydney Neighbourhood Research Hub Room will remain open for further networking!

Thursday 23 June: Co-Designing A Research, Project, Program Or Service Initiative (part 2)	
10:00	Acknowledgement of Country and introductions- Elyse Cain, NCOSS A/ Advocacy & Research Director
10:05	<p>True co-design is courageous, visionary, honest and reformative. Flourish Australia- Inclusion team (Author: Fay Jackson-GM, Mark Orr, Mozzie Wilkinson; Presenters: Fay Jackson, Mozy Wilkinson, Scott Gourlay)</p> <p>Through a deep co-design process, Flourish Australia developed co-design principles, accountabilities, guidelines and supporting policies to promote individual recovery pathways and opportunities that foster Social Citizenship. The Co-design Working Group conceived of 13 accountabilities. Co-Design Accountability 8 (which is brave, visionary and deeply inclusive) states: <i>Co-design processes and outcomes must have a local focus but be aware and respecting of regional, national, global, intergalactic, all other dimensions, unique views, beliefs and realities.</i> This presentation will discuss the need and reasons for including and promoting this accountability, and challenge & encourage services to engage in this level of co-design and co-production of services.</p>
10:20	<p>Behind the scenes project: Co-designing a strategy for supporting people with co-occurring mental health and alcohol use needs. Flourish Australia- Professional Practice team: Simon Swinson (Community Research Advisory member) and Jade Ryall (Manager, Back on Track Health)</p> <p>‘Behind the Scenes’ was a co-designed research project aimed at supporting people with co-occurring mental health and alcohol use needs. The lived expertise from committee members guided the approaches to the research, particularly with regard to ethics, recruitment, data collection and analysis. The project team met regularly to discuss scenarios and issues that arose as the project rolled out and as COVID presented many challenges. A key learning from the project was that the co-design approach led to opportunities for introducing and upskilling members of Flourish’s Community Research Advisory.</p>
10:35	Group discussion & sharing
10:45	<p>‘Head to Health’ and the voice of lived experience Neami National- Caroline Dimond (Manager Social Innovation and Design) and Shane Jakupec (Regional Manager NSW)</p> <p>Neami is actively embedding the voice and leadership of Lived Experience in its staffing mix, governance structure and Philosophy of Care for each Head to Health service. This presentation will speak about phase one of Penrith ‘Head to Health’ co-design which included three online co-design workshops, a consultation session with the Nepean Blue Mountains Primary Health Network’s Lived Experience Advisory Group, two individual phone conversations, and five written feedback. In total, 21 people with a lived experience of recovery, or their carers or family, and 16 agency stakeholders (mental health professionals, support services and first responders) from the Penrith area were engaged. Read the Penrith Head to Health Co-Design Report here.</p>
11:00	<p>Co-design and Peer Support - The power of lived experience researchers Community Disability Alliance Hunter (CDAH) and Diversity and Disability Alliance (DDAlliance) – Carrie Julie Magill, Farhana Rahman, Sarah Simmonds</p> <p><i>This presentation will showcase how peer support is used in a co-design research project to foster and support the involvement of people with lived experience in research. We will also share the experiences of the lived experience researchers in leading this research project. Our research demonstrates inclusion and challenges the pre-existing notions of disability in research, and how lived experience researchers can drive and shape research.</i></p>
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