

CO-DESIGNING A RESEARCH, PROJECT, PROGRAM or SERVICE INITIATIVE (part 2)	
10:00	Acknowledgement of Country and introductions- Rocellita Lacsina, NCOSS Program Delivery Officer
10:05	<p>True co-design is courageous, visionary, honest and reformative.</p> <p>Flourish Australia- Inclusion team (Author: Fay Jackson-GM, Mark Orr, Mozzie Wilkinson; Presenters: Fay Jackson, Mozzie Wilkinson, Scott Gourlay)</p> <p>Through a deep co-design process, Flourish Australia developed co-design principles, accountabilities, guidelines and supporting policies to promote individual recovery pathways and opportunities that foster Social Citizenship. The Co-design Working Group conceived of 13 accountabilities. Co-Design Accountability 8 (which is brave, visionary and deeply inclusive) states: <i>Co-design processes and outcomes must have a local focus but be aware and respecting of regional, national, global, intergalactic, all other dimensions, unique views, beliefs and realities.</i> This presentation will discuss the need and reasons for including and promoting this accountability, and challenge & encourage services to engage in this level of co-design and co-production of services.</p>
10:20	<p>Behind the scenes project: Co-designing a strategy for supporting people with co-occurring mental health and alcohol use needs.</p> <p>Flourish Australia- Professional Practice team: Simon Swinson (Community Research Advisory member) and Jade Ryall (Manager, Back on Track Health)</p> <p>‘Behind the Scenes’ was a co-designed research project aimed at supporting people with co-occurring mental health and alcohol use needs. The lived expertise from committee members guided the approaches to the research, particularly with regard to ethics, recruitment, data collection and analysis. The project team met regularly to discuss scenarios and issues that arose as the project rolled out and as COVID presented many challenges. A key learning from the project was that the co-design approach led to opportunities for introducing and upskilling members of Flourish’s Community Research Advisory.</p>
10:35	Group discussion & sharing
10:45	<p>‘Head to Health’ and the voice of lived experience</p> <p>Neami National- Caroline Dimond (Manager Social Innovation and Design) and Shane Jakupec (Regional Manager NSW)</p> <p>Neami is actively embedding the voice and leadership of Lived Experience in its staffing mix, governance structure and Philosophy of Care for each Head to Health service. This presentation will speak about phase one of Penrith ‘Head to Health’ co-design which included three online co-design workshops, a consultation session with the Nepean Blue Mountains Primary Health Network’s Lived Experience Advisory Group, two individual phone conversations, and five written feedback. In total, 21 people with a lived experience of recovery, or their carers or family, and 16 agency stakeholders (mental health professionals, support services and first responders) from the Penrith area were engaged. Read the Penrith Head to Health Co-Design Report here.</p>
11:00	<p>Co-design and Peer Support - The power of lived experience researchers</p> <p>Community Disability Alliance Hunter (CDAH) and Diversity and Disability Alliance (DDAlliance) – Carrie Julie Magill, Farhana Rahman, Sarah Simmonds</p> <p><i>This presentation will showcase how peer support is used in a co-design research project to foster and support the involvement of people with lived experience in research. We will also share the experiences of the lived experience researchers in leading this research project. Our research demonstrates inclusion and challenges the pre-existing notions of disability in research, and how lived experience researchers can drive and shape research.</i></p>
11:15	Group discussion & sharing
11:25	Feedback poll/closing – Dr Catherine Massola, The University of Sydney Neighbourhood Research Hub (Room will remain open for further networking!)